## LINCOLN PUBLIC SCHOOLS HEALTH AND WELLNESS COMMITTEE MEETING MINUTES OCTOBER 7, 2021

The meeting was called to order at 8:00 AM. Mrs. Roll asked members present to introduce themselves and reflect briefly on the reopening of schools.

- Ms. Landry reported for Chartwells. Lincoln High School hosted the Apple Crunch celebration on October 6th to kick off the new Farm to School Pilot in RI. Representatives from Chartwells management, RI F2S RIDE, RIDE and the Governor's Office were on hand during all three lunch periods at the High School. Mrs. Roll congratulated Chartwells staff on the menu, the presentation of the food and the decoration of the Servery. LHS Student Katie Jahnz commented on how everything tasted. Danielle also reported that the number of students participating in school meals is up substantially due to the fact that school meals (breakfast and lunch) continue to be free for all students. Chartwells also hired a new Chef for the Lincoln Public Schools. Chef Michael has introduced a number of new items, especially at the Middle School and High School. Among these was a Sushi Day in September that was very well received at both schools.
- 2. Mr. McNamara and Mrs. Roll outlined the tasks for two Work Groups that the Wellness Committee will use this year to address to areas of interest that were discussed at the end of last year. Mr. McNamara will lead one group that will provide recommendations to the School Department for consideration in its review of the policy that outlines the Behavior Code. Mrs. Denham will lead a second Workgroup to discuss the role/implications of SEL (Social Emotional Learning) in supporting Student and Staff Wellness. All members of the Wellness Committee are encouraged to participate in one of these workgroups. She asked that each schedule a ZOOM meeting prior to the next Wellness Committee meeting, scheduled for December 1. She also asked the leaders to reach out to parents and additional students for inclusion on the Workgroups.
- 3. Karin Wetherill, Co-Director of the RI Healthy Schools Coalition, reviewed the RI F2S Promotional Kit items. Ms. Landry said that she would see that the items for use at the schools would be delivered. She also reminded the Wellness Committee members that the Annual Breakfast for School Leaders will be held in-person (limited) and virtually on Oct. 19th at the Crowne Plaza in Warwick. In-person tickets are \$15; virtual \$10. Mrs. Roll indicated that the District will reimburse those who register.
- 4. The meeting adjourned at 9:00 AM